How to Make It When It Looks Like You Won’t

**Text:** 1 Samuel 30 (David at Ziklag)

# Introduction

Life can go from bad to worse quickly.

In difficult times we may feel overwhelmed.

But those are the moments we can shine brightest.

**Key Verse: 1 Samuel 30:6 – "David strengthened himself in the Lord his God."**

# Four Areas Where We Need Strength:

Courage – To get back up when life knocks us down.

Confidence – To take on new challenges without fear.

Faith – To believe things will work out.

Joy – To move forward beyond disappointment.

# Illustration:

You don’t move a car with your own strength—it’s the engine that moves it. All you have to do is turn the key.

# The 5 Keys to Fire Up the Holy Spirit Inside You:

**🔑 Key 1: Take Your Emotions to the Lord**

Text: 1 Samuel 30:3–4

David and his men wept until they could weep no more.

Take your \_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_, and \_\_\_\_\_\_\_\_\_\_ to God.

Emotional responses are normal—but don’t let emotions control you.

Biblical Examples:

David – Frequently cried out to God (see Psalms).

Moses – Letting emotions rule cost him the Promised Land.

Elijah – Found clarity as music soothed his emotions.

🗣 "This poor man cried out to the Lord, and He heard him."

→ Be honest with God. He can handle it.

**🔑 Key 2: Activate the Word of God in Your Mind**

Text: Isaiah 26:3 – "You will keep in perfect peace those whose minds are stayed on You."

Meditate on God's truth.

Let Scripture \_\_\_\_\_\_\_\_\_\_ how you think (Romans 12:2).

Peace and joy come when you fill your mind with the \_\_\_\_\_\_\_\_\_\_ of God.

💭 Think less about the size of the problem and more about the size of your God.

**🔑 Key 3: Pray in the Holy Spirit**

Text: Jude 1:20 – "Build yourselves up in your most holy faith by praying in the Holy Spirit."

Praying in the Spirit builds you up \_\_\_\_\_\_\_\_\_\_.

Releases the \_\_\_\_\_\_\_\_\_\_ of God inside you.

Helps align your spirit with God's \_\_\_\_\_\_\_\_\_\_.

🙏 Paul: "I will pray with my mind, and I will pray with my spirit." (1 Cor 14)

**🔑 Key 4: Speak Like a Conqueror**

Attitude: Victory begins with a \_\_\_\_\_\_\_\_\_\_ mindset.

David spoke boldly to Goliath before the victory happened.

Don’t just listen to the enemy’s threats—speak God’s truth to your situation.

Examples from David (Psalm 18):

"By my God I can run through a troop, leap over a wall… I chased my enemies and caught them!"

The enemy wins only when you \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_.

God has given you \_\_\_\_\_\_\_\_\_\_ in Jesus' name.

**🔑 Key 5: Look for Someone to Help**

Text: 1 Samuel 30:11–12

David found and helped a sick Egyptian—then God used him to guide David to victory.

As you bless others, God will \_\_\_\_\_\_\_\_\_\_ you.

Don't wait to be \_\_\_\_\_\_\_\_\_\_ to help others—helping others strengthens you.

💡 Helping someone else might be the final piece to your own breakthrough.

# Closing Encouragement

You can make it—even when it looks like you won’t.

Take the 5 keys and turn them daily.

Strengthen yourself in the Lord like David did.

You will \_\_\_\_\_\_\_\_\_\_ all that’s been lost.

How to Make It When It Looks Like You Won’t – Answer Key

# The 5 Keys to Fire Up the Holy Spirit Inside You:

## 🔑 Key 1: Take Your Emotions to the Lord

* grief
* anger
* disappointments
* sorrows

## 🔑 Key 2: Activate the Word of God in Your Mind

* transform
* promises

## 🔑 Key 3: Pray in the Holy Spirit

* spiritually
* power
* purposes

## 🔑 Key 4: Speak Like a Conqueror

* conquering
* give up
* authority

## 🔑 Key 5: Look for Someone to Help

* bless
* strong

# Closing Encouragement

* recover