

How to Make It When It Looks Like You Won't

Text: 1 Samuel 30 (David at Ziklag)

Introduction

Life can go from bad to worse quickly.
In difficult times we may feel overwhelmed.
But those are the moments we can shine brightest.

Key Verse: 1 Samuel 30:6 – "David strengthened himself in the Lord his God."

Four Areas Where We Need Strength:

Courage – To get back up when life knocks us down.
Confidence – To take on new challenges without fear.
Faith – To believe things will work out.
Joy – To move forward beyond disappointment.

Illustration:

You don't move a car with your own strength—it's the engine that moves it. All you have to do is turn the key.

The 5 Keys to Fire Up the Holy Spirit Inside You:

Key 1: Take Your Emotions to the Lord

Text: 1 Samuel 30:3–4

David and his men wept until they could weep no more.

Take your _____, _____, _____, and _____ to God.

Emotional responses are normal—but don't let emotions control you.

Biblical Examples:

David – Frequently cried out to God (see Psalms).

Moses – Letting emotions rule cost him the Promised Land.

Elijah – Found clarity as music soothed his emotions.

👂 "This poor man cried out to the Lord, and He heard him."

→ Be honest with God. He can handle it.

Key 2: Activate the Word of God in Your Mind

Text: Isaiah 26:3 – "You will keep in perfect peace those whose minds are stayed on You."

Meditate on God's truth.

Let Scripture _____ how you think (Romans 12:2).

Peace and joy come when you fill your mind with the _____ of God.

💡 Think less about the size of the problem and more about the size of your God.

🔑 **Key 3: Pray in the Holy Spirit**

Text: Jude 1:20 – "Build yourselves up in your most holy faith by praying in the Holy Spirit."

Praying in the Spirit builds you up _____.

Releases the _____ of God inside you.

Helps align your spirit with God's _____.

🙏 Paul: "I will pray with my mind, and I will pray with my spirit." (1 Cor 14)

🔑 **Key 4: Speak Like a Conqueror**

Attitude: Victory begins with a _____ mindset.

David spoke boldly to Goliath before the victory happened.

Don't just listen to the enemy's threats—speak God's truth to your situation.

Examples from David (Psalm 18):

"By my God I can run through a troop, leap over a wall... I chased my enemies and caught them!"

The enemy wins only when you _____.

God has given you _____ in Jesus' name.

🔑 **Key 5: Look for Someone to Help**

Text: 1 Samuel 30:11–12

David found and helped a sick Egyptian—then God used him to guide David to victory.

As you bless others, God will _____ you.

Don't wait to be _____ to help others—helping others strengthens you.

💡 Helping someone else might be the final piece to your own breakthrough.

Closing Encouragement

You can make it—even when it looks like you won't.

Take the 5 keys and turn them daily.

Strengthen yourself in the Lord like David did.

You will _____ all that's been lost.

How to Make It When It Looks Like You Won't – Answer Key

The 5 Keys to Fire Up the Holy Spirit Inside You:

Key 1: Take Your Emotions to the Lord

- grief
- anger
- disappointments
- sorrows

Key 2: Activate the Word of God in Your Mind

- transform
- promises

Key 3: Pray in the Holy Spirit

- spiritually
- power
- purposes

Key 4: Speak Like a Conqueror

- conquering
- give up
- authority

Key 5: Look for Someone to Help

- bless
- strong

Closing Encouragement

- recover